

Faith Talk

The Shield of Faith Church
Hanahan, SC

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My Life Is Hid With Christ In God

Colossians 3:3 "For ye are dead, and your life is hid with Christ in God. "

When the child of God,
Looks into the word of God,
And sees the Son of God,
He is changed by the Spirit of God,
Into the image of God,
For the glory of God.

You are gems (precious stones) tested, shining and sparkling.

You have survived the winds of adversity.

You are a winner.

You are an overcomer.

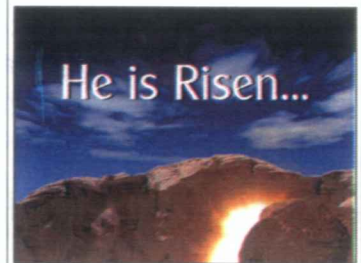
You have the victory and His name is Jesus, and He is with you always.

You are the redeemed of the Lord, bought with the precious, sinless, spotless blood of Jesus, God's Son. Alleluia!

Be yourself	Truthfully
Accept yourself	Gratefully
Value yourself	Joyfully
Forgive yourself	Completely
Bless yourself	Abundantly
Love yourself	Wholeheartedly
Empower yourself	Prayerfully
Give yourself	Enthusiastically
Express yourself	Radiantly
Bless Others	Abundantly
Trust Christ	Wholeheartedly
Pray	Without Ceasing

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-In the Wonderful Name of Jesus, Pastor Bob and Susan Tilton

Youth Talk

How Flexible Are You Willing To Become In Order To Reach Others?

In February 3rd, 2013 Issue of Power for Living there is an article entitled "A Monthly Review of Spiritual Trends." Within that article are these words:

"Young adults wrestle with critical questions, and don't feel like they get answered. Travis Thompson said when he questioned beliefs about the church, he always felt like he was given a generic answer. Thirty-six percent of those polled in the Barna study said they felt they couldn't ask their most pressing life questions in church. David Kinnaman, president of Barna and head of the study, learned a lot about the church's struggle to connect with young adults because of their unprecedented access to other worldviews and pop culture. He worries Jesus is going to "get lost in the data strain..." Some churches are getting it right, Kinnaman said. Successful churches are aware of the digital culture and are trying to help young people in that realm, without making technology and idol, he said. Those churches show young people how to live in the world, but not be of it, he said. Barna research showed that young people want to talk about everything. For them, no subject is taboo, from sexuality to culture, the exclusivity of Christ, technology and pop culture. Kinnaman said in reality it's not about the church organizing young people into hip clubs, but rather, helping young adults understand the community of faith as something that matters in "a way far more compelling than we've allowed them to experience."

Paul says it like this in **1 Corinthians 9:19-27:**

¹⁹ For although I am free in every way from anyone's control, I have made myself a bond servant to everyone, so that I might gain the more [for Christ].

²⁰ To the Jews I became as a Jew, that I might win Jews; to men under the Law, [I became] as one under the Law, though not myself being under the Law, that I might win those under the Law.

²¹ To those without (outside) law I became as one without law, not that I am without the law of God *and* lawless toward Him, but that I am [especially keeping] within *and* committed to the law of Christ, that I might win those who are without law.

²² To the weak (wanting in discernment) I have become weak (wanting in discernment) that I might win the weak *and* overscrupulous. I have [in short] become all things to all men, that I might by all means (at all costs and in any and every way) save some [by winning them to faith in Jesus Christ].

²³ And I do this for the sake of the good news (the Gospel), in order that I may become a participator in it *and* share in its [blessings along with you].

²⁴ Do you not know that in a race all the runners compete, but [only] one receives the prize? So run [your race] that you may lay hold [of the prize] *and* make it yours.

²⁵ Now every athlete who goes into training conducts himself temperately *and* restricts himself in all things. They do it to win a wreath that will soon wither, but we [do it to receive a crown of eternal blessedness] that cannot wither.

²⁶ Therefore I do not run uncertainly (without definite aim). I do not box like one beating the air *and* striking without an adversary.

²⁷ But [like a boxer] I buffet my body [handle it roughly, discipline it by hardships] *and* subdue it, for fear that after proclaiming to others the Gospel *and* things pertaining to it, I myself should become unfit [not stand the test, be unapproved and rejected as a counterfeit].

SELAH

-Michele Dotter

Remembrance

You can shed tears that they are gone,
Or you can smile because they lived.
You can close your eyes
And pray that they'll come back,
Or you can open your eyes and see all they have left.
Your heart can be empty
Because you can't see them,
Or you can be full of the love you shared.

You can turn your back on tomorrow and live yesterday,
Or you can be happy for tomorrow because of yesterday.
You can remember them and only that they are gone,
Or you can cherish their memory and let it live on.

You can cry and close your mind,
Be empty and turn your back,
Or you can do what they'd want:
Smile, Open Your Eyes, Love, and Go On.

-Author Unknown

Recipe of the Month

Lemon Cookies—YUMMMM

Ingredients:

2 1/2 cups flour	1 teaspoon baking powder
1 teaspoon salt	1 stick butter—soft
2 cups sugar	2 eggs
1—15oz whole ricotta	3 tablespoons lemon juice
2 lemon zest	

Directions:

Combine, flour, baking powder and salt. In another bowl, beat sugar, ricotta, lemon juice and zest. Beat to combine. Stir in dry ingredients. Spoon on baking sheets covered with parchment. Bake at 375 degrees for 12-15 minutes. Let set on cookie sheet for 20 minutes.

Glaze:

1 1/2 cups powder sugar
3 tablespoon lemon juice
2 lemon zest

Combine and top cookies. Let harden for 20 minutes

-Linda Mazur (Michele Dotter's Aunt)

Chillie's Corner**"Hold On St. Peter!"**

A minster dies, and at the pearly gates a taxi driver is in front of him. He has a black leather jacket on, and ragged jeans, and a head ban.

He says, "My name is Leroy Spudds and I'm from New Yurk Ceity."

Saint Peter says, "Very well, here is a silken robe and a golden staff. The taxi driver entered Heaven.

The minster steps up and says, "My name is Bob Brown Pastor of Mary's New Hope, of 43 years."

Saint Peter says, "Very well here's a cotton robe and a golden staff."

The minster says, "Hold on Saint Peter! Why did that taxi driver get a silken robe and me only a cotton robe?"

Saint Peter replied, "We look at the works you did while you were on earth, while you preached people slept, and while he drove people prayed."

Bible Trivia—I Didn't Know That!

- A) What was the name of Ruth's first husband (aka Naomi's son)?
- B) In Bethlehem, Naomi told her friends to no longer call her Naomi, which means pleasant, but Mara, which means what?
- C) At the first meal Boaz shared with Ruth, he invited her to dunk her bread in *what*?
- D) Boaz was Naomi and Ruth's *what*?
- E) On her first day in the field, Ruth gleaned *what*?
- F) After falling asleep on the threshing floor, Boaz woke up to find *what*?
- G) Back in the day, to finalize the redemption and transfer of property, one part took off and gave to the other *what*?
- H) When Ruth gave birth to her son, the women told Naomi that her daughter-in-law was better to her than *what*?
- I) Ruth and Boaz's son, Obed, was grandfather to *whom*?

(See page 8 for answers)

Trust

Greetings Brothers and Sisters in the Our Lord Jesus Christ. Anyone who has a pulse has been disappointed when things didn't go as we thought, planned, hoped or knew they should. Bless God, we have all had that opportunity to stumble, get frustrated and ask ... Lord WHY didn't it turn out thus and so. OH My friends we have to move past our LYING feelings or doubt, discontentment, and anger. BLESS GOD! Isaiah 55:8 "For my thoughts are not your thoughts, neither are your ways my ways," declares the LORD." He has a higher way of thinking, and knows the ins and outs of situations we can only scratch the surface of our own understanding. Live and Let GOD rule and reign in every area of your life. Let Him be GOD and let go of your best idea and let God give you HIS best.

In My own walk, sometimes the Lord is silent and I have to follow His last standing order. But, He mostly tells me just enough to keep me on the path, but not enough that I know the end alls. I find comfort in Hebrews 11:6 "And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him." I am pleasing my Lord when I am walking in FAITH (Obedience to His word) and HE gives me a promise. He will reward me for earnestly seeking Him. Bless GOD! He is the Creator of the heavens and earth. I can trust Him to reward in any means He so chooses in this life and beyond.

As my Creator I can trust that He knows me better than I know myself. I can trust my Creator knows the best plans for my life, where I would be the happiest, most fulfilled and have the greatest opportunity to be His light in the dying world. Luke 11:36 "Therefore, if your whole body is full of light, and no part of it dark, it will be completely lighted, as when the light of a lamp shines on you." I want to be that Light for the Lord. I know it is your hearts desire to shine ever so brightly that all would come to Jesus and His salvation for them.

That is what I pray for you this month. That you would hear clearly the voice of God, be bold and obey Him in all He shares with you, that everything contrary to the Word Of God would be silenced in your life and that you would live trusting the LORD GOD fulfilling in every area of your life. Even in the plans that fell apart, and brought such disappointment and pain, trust your Creator in all things. Proverbs 3:6 "Seek his will in all you do, and he will show you which path to take." In JESUS' name!!

I leave you with this. Most every triumph in the bible proceed great pain, some might say disaster. Take the decades of pain. Calling your self the father of many when you had no children. Abraham means the Father of Many... What about the scoffing that Noah and his family received... What about the death of Ruth's husband and the poverty it brought... Joseph sent to jail falsely... Jesus, dead on the cross, bloodied beaten, and pierced... Bless GOD that was not the end of the stories. It is not the end of your story. Deuteronomy 28 has your ending... BLESSED! In JESUS' name!

-Emerald Chapman

After Moses Received the Ten Commandments

Most of us have a pretty good general idea of what the Ten Commandments are all about, even if we don't have them memorized in order. Some of us view them as easy to keep; others may see them as difficult. However, we are probably not considering God's viewpoint of the commandments in Ex. 20.

One way of learning how God feels about them is by finding out how God responded when the commandments were broken. It didn't take long for Israel to find out! When Moses descended from Mt. Sinai, Commandment #2 was broken right away with a graven image of a golden calf. Moses had to return to the mountain to intercede for the people, that God would not wipe them out (Ex. 32). Though Moses achieved what he sought, the fact remains that 3000 people died as a result of that incident.

The first commandment, "Thou shalt have no other gods before me" was broken in Num. 25:2-3 when Israel worshiped Baal of Peor. God's judgment was the death of 24,000, according to Num. 25:9. Commandments #3 and #4, against blasphemy and against Sabbath-breaking, were both broken during the wilderness wanderings, and both were punished by death (Lev. 24:10-16, Num. 15:32-36).

It is not stated whether Absalom honored his mother, but he certainly wasn't honoring his father David by trying to oust him from the throne. Three darts to the heart brought an end to that effort. But David himself had permitted himself to become entangled with sin involving the wife of Uriah the Hittite, specifically both adultery and murder. Although David received mercy from the Lord and did not die for these (2 Sam. 12:13-14), he definitely was thrashed for these transgressions.

When Joshua waged war and conquered Jericho, the Lord had specifically given instructions not to take any booty. Thus Achan's disobedience was counted as theft (Commandment #8), and in Josh. 7 he was executed for his transgression.

Back in the wilderness, the rebellion of Korah, Dathan, and Abiram led to their being swallowed up by the chasm opened up by God with the earthquake. But the next day, Moses and Aaron were accused of the crime of killing them, by the congregation (Num. 16:41). This constituted bringing a false witness (Commandment #9), and the Lord dealt with that by sending a plague that took away 14,700.

Finally, there is the incident when King Ahab coveted the vineyard of Naboth. But Ahab and Jezebel didn't stop there; they not only broke the tenth commandment but also the sixth and the ninth. Sin has a way of snowballing! However, I will explain this affair in more detail in the future. It can be stated presently that both Ahab and Jezebel paid for that with their lives.

I think the picture is evident. As Rom. 6:23 states, the wages of sin is death. But the verse goes on to say that the gift of God is eternal life through Jesus Christ our Lord. Isn't it wonderful to be able to stand in the grace of God instead of wondering when our lawful death penalty might be carried out? As the scripture says, we love God because He first loved us.

- Phil Rust

All About Me “Michele Christine Weber-Dotter”



Michele Dotter was a miracle born in Oberlin, Ohio in 1969 to US Army Medic Ronald Weber and his wife Jackie. Jackie was told by the doctors that having children could kill her due to her fight with a form of muscular dystrophy called ‘marphan syndrome’ which had already caused her early blindness. Jackie believed in God and knew that He was in control of her life, not her. Michele was named after Jackie’s favorite actress, “Michele Lee,” but she was given the nickname “Mickie” which most people know her as today. Just after Michele turned eight, her mother headed to her heavenly home thrusting Michele and her younger (but much taller) brother, Daryl, into living with their grandparents in the town of Spencer, Ohio. Michele and her brother gave their lives to the Lord and were baptized at Bethany Baptist church in Chatham, Ohio that same year.

A few years later, Ronald Weber re-married a kind and beautiful woman named, Mary Ann Roth and the two of them made a home for Michele and Daryl in Maple Heights, Ohio. Michele lived in this suburb of Cleveland until she turned seventeen, at which time she then moved to Summerville, SC. She graduated from Summerville High School in 1987 and that’s when the Holy Spirit got a hold of her! She began attending a small teaching church in Mt. Pleasant, SC that taught her how to study the word of God, how to pray, how to worship, how to listen and respond to the Holy Spirit, how to cast out demons, and how to minister the word of God to others. She taught her first sermon when she was eighteen and hasn’t slowed down since! She had the honor of studying with so many leaders who would become life-long friends; among those were Thomas Nathaniel King, Jr, Rhonda Hill, Renee Gabriel, Suzanne McEwing-Lazar, Rosemary Baker, Eydie Wittal, and head pastors Charles and Jan Grooms. It was during this time that Michele received her Certificate of Completion of Biblical Studies from LFM’s Bible Training Center.

Starting off as a Youth Leader in 1987 was the true jumpstart of her teaching ministry. In the past twenty five years she has lead a series of five generations of youth (ages 13-18). She says that she has learned more than the youth have! Having to deal head-on with such issues as drug abuse, suicide, teen pregnancy, etc., has caused her to step up to the plate, unafraid to speak the Gospel of truth and do what God has called her to do. She knows that her primary calling is to be the best leader she can be knowing that others are going to follow.

In 1989, another interesting turn of events began in Michele’s life. She had already enjoyed a few years of playing her drums, and decided to purchase her first guitar from Dave Reuter at Reuter’s Music. She spent hours teaching herself to play the basic cords so that she could worship the Lord. Local singer, song writer, and guitar player, Sharon Harper (a dear friend), invited Michele to help her teach a group of teens how to play the basics. She had a blast sitting with so many teens worshipping the Lord! When she was alone in her home she would dance around her living room and worship freely, simply loving the Lord’s presence.

-Continued on page 15...

Salvation Benefits

A Believer's Notes



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All throughout the Old Testament every mighty exploit that was done, every time the mercy of God flooded into a situation, every time a miracle was performed, somebody had to have FAITH. Somebody had to believe God enough to act on His word and open the door.

However wide you open that door of faith is how much of God's mercy and goodness will flow into your life. He'll fill up every inch you'll give Him. He is eagerly yearning to bless you. He has an ocean full of salvation benefits and He's longing to pour them out on you.

Salvation is not just a ticket to Heaven. Salvation is deliverance from: oppression, poverty, sickness, danger, fear—any thing that you need to be delivered from. Salvation also means soundness, protection, liberty, health, and restoration. Glory to God!

Psalms 68:19 says "Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah."

God DAILY loads us with benefits of salvation. Start by opening the door of faith, don't just crack it—take it off the hinges!

Say, "Lord, here I am, pour it on me!"

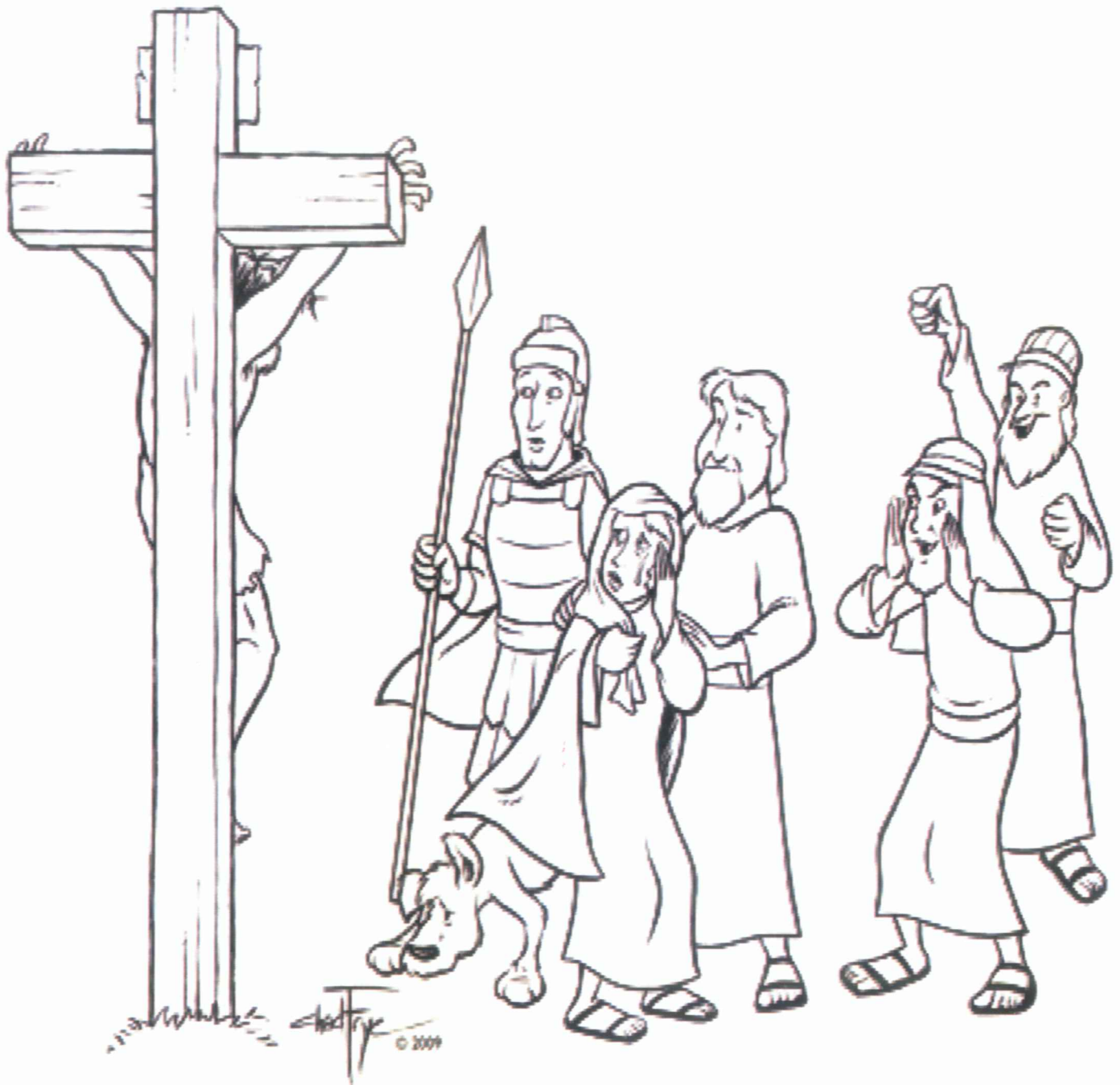
Speak the word... I have access by faith into the grace of God.

Romans 5:2 says, "By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God."

Bible Trivia **-I Didn't Know That!** **(From Page 4)**

- | | | |
|------------------------------|---|-------------------------------|
| A) Mahlon
Ruth 4:10 | D) Guardian-Redeemer
Ruth 2:20 | G) His shoe
Ruth 4:7 |
| B) Bitter
Ruth 1:20 | E) Barley
Ruth 2:17 | H) Seven sons
Ruth 4:14-15 |
| C) Wine Vinegar
Ruth 2:14 | F) Ruth lying at his feet
Ruth 3:8-9 | I) David
Ruth 4:22 |

Kids Corner
(We are ALL His kids!)
“Jesus Died For Our Sins”



Kids Corner

“Jesus Has Risen!” - The Amplified (AMP)

Luke 24:1-

¹ But on the first day of the week, at early dawn, [the women] went to the tomb, taking the spices which they had made ready. ² And they found the stone rolled back from the tomb, ³ But when they went inside, they did not find the body of the Lord Jesus. ⁴ And while they were perplexed *and* wondering what to do about this, behold, two men in dazzling raiment suddenly stood beside them. ⁵ And as [the women] were frightened and were bowing their faces to the ground, the men said to them, Why do you look for the living among [those who are] dead? ⁶ He is not here, but has risen! Remember how He told you while He was still in Galilee ⁷ That the Son of Man must be given over into the hands of sinful men (men whose way or nature is to act in opposition to God) and be crucified and on the third day rise [from death]. ⁸ And they remembered His words.

⁹ And having returned from the tomb, they reported all these things [taken together] to the eleven apostles and to all the rest. ¹⁰ Now it was Mary Magdalene and Joanna and Mary the mother of James, and the other women with them, who reported these things to the apostles. ¹¹ But these reports seemed to the men an idle tale (madness, feigned things, nonsense), and they did not believe the women.

¹² But Peter got up and ran to the tomb; and stooping down and looking in, he saw the linen cloths alone by themselves, and he went away, wondering about *and* marveling at what had happened. ¹³ And behold, that very day two of [the disciples] were going to a village called Emmaus, [which is] about seven miles from Jerusalem.

¹⁴ And they were talking with each other about all these things that had occurred.

¹⁵ And while they were conversing and discussing together, Jesus Himself caught up with them and was already accompanying them. ¹⁶ But their eyes were held, so that they did not recognize Him. ¹⁷ And He said to them, What is this discussion that you are exchanging (throwing back and forth) between yourselves as you walk along? And they stood still, looking sad *and* downcast.

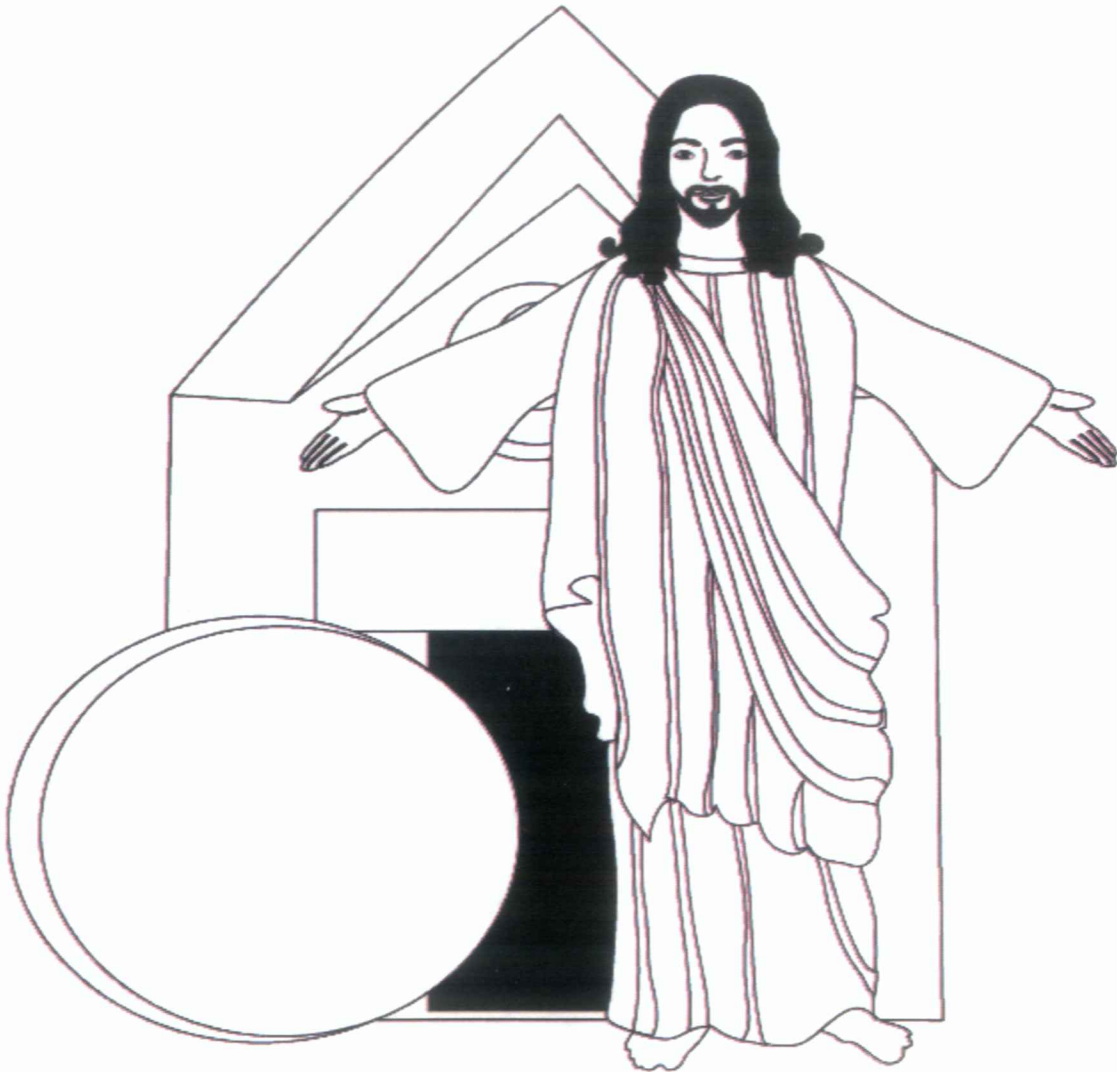
¹⁸ Then one of them, named Cleopas, answered Him, Do you alone dwell as a stranger in Jerusalem and not know the things that have occurred there in these days? ¹⁹ And He said to them, What [kind of] things? And they said to Him, About Jesus of Nazareth, Who was a Prophet mighty in work and word before God and all the people— ²⁰ And how our chief priests and rulers gave Him up to be sentenced to death, and crucified Him.

²¹ But we were hoping that it was He Who would redeem *and* set Israel free. Yes, and besides all this, it is now the third day since these things occurred. ²² And moreover, some women of our company astounded us *and* drove us out of our senses. They were at the tomb early [in the morning] ²³ But did not find His body; and they returned saying that they had [even] seen a vision of angels, who said that He was alive! ²⁴ So some of those [who were] with us went to the tomb and they found it just as the women had said, but Him they did not see. ²⁵ And [Jesus] said to them, O foolish ones [sluggish in mind, dull of perception] and slow of heart to believe (adhere to and trust in and rely on) everything that the prophets have spoken! ²⁶ Was it not necessary *and* essentially fitting that the Christ (the Messiah) should suffer all these things before entering into His glory (His majesty and splendor)? ²⁷ Then beginning with Moses and [throughout] all the Prophets, He went on explaining *and* interpreting to them in all the Scriptures the things concerning *and* referring to Himself.

²⁸ Then they drew near the village to which they were going, and He acted as if He would go further.

²⁹ But they urged *and* insisted, saying to Him, Remain with us, for it is toward evening, and the day is now far spent. So He went in to stay with them. ³⁰ And it occurred that as He reclined at table with them, He took [a loaf of] bread and praised [God] *and* gave thanks *and* asked a blessing, and then broke it and was giving it to them ³¹ When their eyes were [instantly] opened and they [clearly] recognized Him, and He vanished (departed invisibly). ³² And they said to one another, Were not our hearts greatly moved *and* burning within us while He was talking with us on the road and as He opened *and* explained to us [the sense of] the Scriptures?

Kids Corner
“Jesus is Alive!”



Kids Corner
"Jesus Lives!"

A	I	S	P	R	I	N	G	O	H	R	I	S	E	N
L	P	A	S	S	O	V	E	R	E	T	R	I	A	L
I	B	B	C	A	L	V	A	R	Y	M	A	S	M	J
V	M	B	U	N	P	R	E	D	E	E	M	E	D	E
E	O	A	A	H	T	O	G	L	O	G	L	A	D	S
R	T	R	G	E	T	H	S	E	M	A	N	E	U	U
A	R	A	E	D	C	W	G	T	S	P	I	C	A	S
C	R	B	L	R	A	G	O	U	L	F	E	N	C	P
H	E	R	O	I	S	L	R	R	I	E	G	A	A	R
R	T	S	E	N	P	E	E	C	S	E	S	R	C	I
I	S	T	A	S	J	M	U	N	L	H	A	A	J	E
S	O	M	B	E	T	R	A	Y	E	D	I	E	U	S
T	O	I	R	A	C	S	I	R	E	T	E	P	D	T
R	R	E	H	C	R	U	H	C	Y	O	J	P	A	R
G	A	R	D	E	N	O	I	T	A	V	L	A	S	N

Alive
Angel
Apostles
Appearance
Arrest
Barabbas
Betrayed
Calvary
Christ
Church
Cross
Crucified
Death
Eggs

Emmaus
Garden
Gethsemane
Golgotha
Iscaiot
Jerusalem
Jesus
Joy
Judas
Magdalene
Mary
Parade
Passover
Peace

Peter
Pilate
Priest
Redeemed
Risen
Romans
Rooster
Salvation
Sanhedrin
Spring
Tomb
Trial
Worship

Seven Reasons Not To Mess With Children

A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl stated that Jonah was swallowed by a whale.

Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl said, 'When I get to heaven I will ask Jonah'.

The teacher asked, 'What if Jonah went to hell?'

The little girl replied, 'Then you ask him'.

A kindergarten teacher was observing her classroom of children while they were drawing. She would occasionally walk around to see each child's work. As she got to one little girl who was working diligently, she asked what the drawing was. The girl replied, 'I'm drawing God.'

The teacher paused and said, 'But no one knows what God looks like'. Without missing a beat, or looking up from her drawing, the girl replied, 'They will in a minute'.

A Sunday school teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to 'honor' thy Father and thy Mother, she asked, 'Is there a commandment that teaches us how to treat our brothers and sisters?'

Without missing a beat one little boy (the oldest of a family) answered, 'Thou shall not kill.'

One day a little girl was sitting and watching her mother do the dishes at the kitchen sink. She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head. She looked at her mother and inquisitively asked, 'Why are some of your hairs white, Mum?'

Her mother replied, 'Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white.' The little girl thought about this revelation for a while and then said, 'Mummy, how come ALL of grandma's hairs are white?'

The children had all been photographed, and the teacher was trying to persuade them each to buy a copy of the group picture. 'Just think how nice it will be to look at it when you are all grown up and Say, 'There's Jennifer, she's a lawyer,' or 'That's Michael, He's a doctor.'

A small voice at the back of the room rang out, 'And there's the teacher, she's dead.'

A teacher was giving a lesson on the circulation of the blood. Trying to make the matter clearer, she said, 'Now, class, if I stood on my head, the blood, as you know, would run into it, and I would turn red in the face.'

'Yes,' the class said.

'Then why is it that while I am standing upright in the ordinary position the Blood doesn't run into my feet?'

A little fellow shouted, 'Cause your feet ain't empty'.

The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. The nun made a note, and posted on the apple tray: 'Take only ONE. God is watching.'

Moving further along the lunch line, at the other end of the table was a large Pile of chocolate chip cookies.

A child had written a note, 'Take all you want. God is watching the apples'.

A Prayer of Letting Go

O God, empty me of false hopes,
And aching disappointments
Anxious trying and
The need to be right.

Breathe into me
Something like quietness
And confidence.
A deep acceptance
Of the loss of those things
I had placed my hopes in
Even the good things
That were not the full truth.

Be with me and guide me
Into honest confession
As I let it all go into the mystery
Of Your holy purpose.

-Adapted from Ted Loder, *Guirillas of Grace*

A Prayer of Love and Trust

My Lord God,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
Nor do I really know myself,
And the fact that I think I am trusting

Your will does not mean that I am actually doing so.
But I believe that desire to wait for You in trust
Does in fact please you,
Therefore I will trust You always though I
May seem lost and in the shadow of death.
I will not fear, for You are ever with me,
And You will never leave me to face my
Perils alone.

-Adapted from a prayer by Thomas Merton

All About Me
“Michele Christine Weber-Dotter”
Continued from page 7...

Multiple blessings began in 1995 when Michele began attending The Shield of Faith Church. One of those special blessings is when Michele became engaged to Floyd Lee Dotter from Oklahoma and married on September 23rd, 1995 to begin their own family of miracles. After five years of wanting children and one miscarriage, Michele underwent multiple tests and was told by her doctor that she had endometriosis, a diagnosis that could prevent her from having children. Well, after much prayer, and no medical interventions, we are happy to report that God prevailed over the doctors and she has two healthy boys; David is currently twelve and Jonathan is ten!

God's gifts and callings on Michele's life were confirmed when she was ordained as a minister in October of 1998. This opened many doors for her to teach in various places in North Carolina and South Carolina with a stronger anointing in prophecy and words of knowledge than she had ever known. God also called her to establish a non-profit ministry, Vertical Research Library, that enables others to research the word of God more thoroughly as well as supply other various helps for Christians, churches, and other non-profit ministries growing in their walk with the Lord.

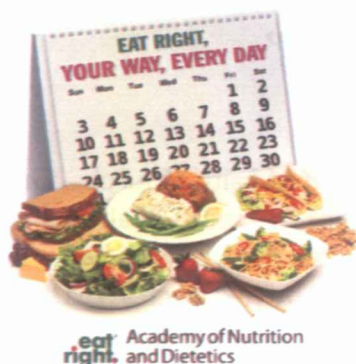
If Michele could go anywhere and do anything you would find her in Germany or England basking in the incredible landscape and architecture each country holds. She loves the outdoors! Soon you will find her putting to use what her granddad taught her by plowing up half of her yard to plant her garden of okra, beans, jalapeños, squash, cucumbers, and tomatoes. Michele also likes to write. She writes poems, compiles teaching booklets, and is in the process of writing her autobiography in order to help others overcome areas of their lives as she has.

Other areas of interest are homeschooling her children, reading and studying her Bible, singing, shooting her bow and arrow (gotta love that Cherokee background!), crocheting, cooking massive feasts for others, playing her guitar and harmonica, woodworking, painting landscapes and animals, and organizing anything she can from files to functions!

Psalms 37:3-9 (MKJV) is her favorite passage of scripture. It reads:

- 3 Trust in Jehovah, and do good; you shall dwell in the land, and you shall be fed on truth.
- 4 Delight yourself also in Jehovah, and He shall give you the desires of your heart.
- 5 Roll your way on Jehovah; trust also in Him, and He will work.
- 6 And He shall bring forth your righteousness like the light, and your judgment like the noonday.
- 7 Rest in Jehovah, and wait patiently for Him; do not fret yourself because of him who prospers in his way, because of him who practices wickedness.
- 8 Cease from anger, and forsake wrath; do not fret yourself to do evil.
- 9 For evildoers shall be cut off; but those who wait on Jehovah, they shall inherit the earth.

Life has not always been bright, cheerful, and full of good things for Michele... but you'll have to read her autobiography to obtain those life lessons that were used as stepping stones bringing her to where she is today in her walk with the Lord...



National Nutrition Month® 2013

www.eatright.org

March Is National Nutrition Month

“So whether you eat or drink or whatever you do,
do it all for the glory of God.”

1Corinthians 10:31 (NIV)

National Nutrition Month 2013 theme, “Eat Right, Your Way, Every Day,” recognizes that lifestyles, cultural, and ethnic traditions and health concerns influence what we like to eat. This theme reinforces the importance of nutrition as a key component of good health, along with physical activity.

People are looking for fast, easy and good-tasting foods to fit a busy lifestyle. Whether it’s carry-out, food court, office cafeteria or sit-down restaurant, there are smart choices everywhere. The following are some tips for eating on the run.

- Think ahead and plan where you will eat. Consider what meal options are available. Look for restaurants or carry-out with a wide range of menu items.
- Take time to look over the menu and make careful selections. Some restaurant menus may have a special section for “healthier” choices.
- Read restaurant menus carefully for clues to fat and calorie content. Menu terms that can mean less fat and calories: baked, braised, broiled, grilled, poached, roasted, and steamed.
- Menu terms that can mean more fat and calories: batter-fried, pan-fried, buttered, creamed, crispy, and breaded. Choose these foods only occasionally and in small portions.
- Order the regular or child-size portion. Mega-sized servings are probably more than you need. For a lighter meal, order an appetizer in place of a main course.
- It’s OK to make special requests, just keep them simple. For example, ask for a baked potato or side salad in place of French fries; no mayonnaise or bacon on your sandwich; sauces served on the side.
- Hunger can drive you to eat too much bread before your meal arrives. Hold the bread or chips until your meal is served. Out of sight, out of mind.
- Think about your food choices for the entire day. If you’re planning a special restaurant meal in the evening, have a light breakfast and lunch.
- Tempted by sweet, creamy desserts? Order one dessert with enough forks for everyone at the table to have a bite.
- Split your order. Share an extra large sandwich or main course with a friend or take half home for another meal.
- Boost the nutrition in all types of sandwiches by adding tomato, lettuce, peppers or other vegetables.

Continued Page 17



March
Is National Nutrition Month
Continued from page 16...

- A baked potato offers more fiber, fewer calories and less fat than fries if you skip the sour cream and butter. Top your potato with broccoli and a sprinkle of cheese or salsa.
- At the sandwich shop, choose lean beef, ham, turkey or chicken on whole grain bread. Ask for mustard, ketchup, salsa or low fat spreads. And, don't forget the veggies.
- In place of fries or chips, choose a side salad, fruit or baked potato. Or, share a regular order of fries with a friend.
- Enjoy ethnic foods such as Chinese stir fry, vegetable-stuffed pita, Hummus, or Mexican fajitas. Go easy on the sour cream, cheese and guacamole.
- At the salad bar, pile on the dark leafy greens, carrots, peppers and other fresh vegetables. Lighten up on mayonnaise-based salads and high-fat toppings. Enjoy fresh fruit as your dessert.
- Eat your lower-calorie food first. Soup or salad is a good choice. Follow up with a light main course.
- Ask for sauces, dressings and toppings to be served "on the side." Then you control how much you eat.
- Pass up all-you-can-eat specials, buffets and unlimited salad bars if you tend to eat too much.
- If you do choose the buffet, fill up on salads and vegetables first. Take no more than two trips and use the small plate that holds less food.
- Load up your pizza with vegetable toppings. If you add meat, make it lean ham, Canadian bacon, chicken or shrimp.
- Look for a sandwich wrap in a soft tortilla. Fillings such as rice mixed with seafood, chicken, or grilled vegetables are usually lower in fat and calories.
- Build a better breakfast sandwich: replace bacon or sausage with Canadian bacon or ham and order your sandwich on a whole grain English muffin or bagel.
- Be size-wise about muffins, bagels, croissants and biscuits. A jumbo muffin has more than twice the fat and calories of the regular size.
- Try a smoothie made with juice, fruit and yogurt for a light lunch or snack.
- Refrigerate carry-out or leftovers if the food won't be eaten right away. Toss foods kept at room temperature for more than two hours.
- Grabbing dinner at the supermarket deli? Select rotisserie chicken, salad-in-a-bag and freshly baked bread. Or, try sliced lean roast beef, onion rolls, potato salad and fresh fruit.
- Always eating on the go? Tuck portable, nonperishable foods in your purse, tote, briefcase or backpack for an on-the-run meal. Some suggestions are peanut butter and crackers, granola bars, a piece of fresh fruit, trail mix, single serve packages of whole grain cereal or crackers.
- For desk-top dining, keep single-serve packages of crackers, fruit, peanut butter, soup, or tuna in your desk for a quick lunch.

Resources:

<http://www.eatright.org/nnm/handoutsandtipsheets/>
<http://www.faihandhealthconnection.org/scripture/>

-Alisa Wetzig

Sunday School Events

Children's Sunday School

Ages 6-11

For the month of March, the children's Sunday school class will be continuing their study of Jesus. We have been in the gospels the last couple of months, learning about the birth, life and mission of Jesus. This month we will continue in Mark, Luke and John, and learn about the events leading up to his resurrection on Easter Sunday. Our focus will be on Jesus as our friend and Savior, and we will learn the value of reverence for what He has done and who He is.

The first week we will hear the story of Nicodemus, when Jesus explained to him his need to be born again, and Jesus so wonderfully presented the gift of eternal life. Then, we will learn how Jesus forgives us our sins, and the authority He has to do it! Prior to this study, Jesus had been amazing crowds with His healing, but now Jesus was claiming to have the same authority as God to forgive our sins. The Pharisees considered his claim to be appalling. Then, we will hear the fun story and song of Zaccheaus, the "wee little man"! The moral to this story is Jesus accepts all of us regardless of our sin and stature. Hallelujah! Praise God!

On Palm Sunday, we will hear the story of the death of our Christ, as paralleled from Jesus' story about the man who owned a vineyard. The farmers who cared for the vineyard killed the owner's own son. Like these farmers, we have all sinned and done wrong.

On Easter Sunday, we will learn about the surprise at the grave! Jesus did just what He said He would do! It was not hopeless! It was not over! Interesting to our story, the women who discovered that Jesus' body was not there, went to the tomb in the early morning, unafraid of any consequences. However, the disciples were hiding, afraid of an arrest by the Roman soldiers! Imagine how his friends must have felt to know Jesus was alive. We should celebrate this good news in our lives every day. Remember, it is not hopeless! It is not over! We do have the victory! "Because I live, you also will live" John 14:19.

- Rachel Ferguson

Men's Sunday School

Join us for Men's Sunday School and let us dive into the word of God together!

Ladies Sunday School

The Ladies have just entered a new month and a new book. The main title of the book is "Beyond the Present Time" and it will be taking us through Daniel, Luke, Acts, 1-2 Thessalonians, and 1-2 Peter. **Unit 1:** The Kingdom of God; emphasizes on Courage. The first lesson, *Lesson 1: Daniel's Vision of Change* will cover Daniel 7:9-14. The focus of Lesson 1 is: "God has dominion over us now and always." Step 1 talks about what it means to live as people under God's dominion. In Step 2, we will cover the story of Daniel's vision of God's dominion over all people and kingdoms. Step 3, will help us to recognize that God's dominion brings comfort and strengthens faith. Step 4, will help us to confront our personal fears about the future with the truth of God's dominion. **Unit 2:** Resurrection Hope. This Unit places emphasis on Conviction. **Unit 3:** A Call to Holy Living; emphasizing Hope.

- Continued Next Page

Sunday School Events—Continued

Ladies Sunday School

Who has dominion over you and your life? As Christians, God has dominion over us; if we allow Him. Are you willing to submit to God's dominion? Are we willing to accept what He allows? Do we freely trust Him to do what is best for us and within His will for our lives? Sometimes we are faced with challenges and circumstances that will exercise our muscles called 'faith' and 'trust.' Those tests and trials are to make us (our 'faith' and 'trust' muscles) stronger; so that we will be able to stand when the winds and storms of life begin to blow. What is the first thing that you do or say when the trials come? Are we questioning Him? Asking Him why? We have to get to a place where we learn to completely trust God and rest totally in His loving dominion. His dominion will always be a firm foundation and powerful enough to help us triumph over our circumstances.



We look forward to seeing you on Sunday at 9:45am!

Cook states that, "There is nothing in our lives now or in the future that can change the fact that God is ruler over all. God will turn the tables on our circumstances and those who oppose and mistreat us." The things of the world will not have any effect on us and our lives when we allow God to reign supreme. Take some time to think about the things that are a constant concern of yours and then commit to relinquish control and ownership of those concerns to God and leave them there. Don't forget to study and memorize the scriptures; they are a vital part of the firm foundation that God provides. **"If you are persecuted, look above to your Vindicator, and look ahead to the time He will turn the tables!" Jim Dyet**

—Yolanda Wilson

October

Romans 3:22 (KJV)

Even the righteousness of God which is by faith of Jesus Christ unto all and upon all them that believe: for there is no difference:

November

Colossians 2:6-7 (KJV)

⁶As ye have therefore received Christ Jesus the Lord, so walk ye in him:⁷Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving.

December

Romans 3:23 (KJV)

For all have sinned, and come short of the glory of God;

January

Romans 5:8 (KJV)

But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.

February

Romans 6:23 (KJV)

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

March

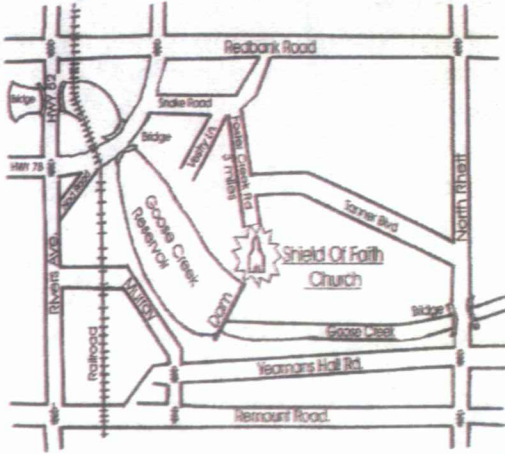
Romans 10:13 (KJV)

For whosoever shall call upon the name of the Lord shall be saved.

**The Shield of Faith Church
Hanahan, SC**

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Hanahan, SC 29410
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Deepening our Relationship with Him...



We're on the Web!
www.shieldoffaithchurch.net

***Next deadline to submit articles is:
Wednesday, March 20th***

March 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Rick Reed (Youth Meeting)	7	8	9
10 Daylight Savings Time	11	12	13	14	15	16
17 St. Patrick's Day	18	19	20 Article Deadline Spring Begins	21	22	23
24 Palm Sunday	25	26	27	28	29	30
31 Easter						